



Affiliate Disclosure

******Very Important Information Every Member Must Read******

This affiliate disclosure is required by the FTC. The FTC is the Federal Trade Commission, an agency of the United States federal government.

Please assume the following about all links, posts, photos and other material found in our FB group, Membership Site and BLOG.

Our first priority is always providing valuable information and resources to help you create positive changes in your life while you're on your way to living a healthier lifestyle.

Since we share intermittent fasting, keto, mindset training and exercise and various other health and weight loss related strategies with awesome people like you, naturally our content may contain affiliate links for products and services that we

have investigated and truly feel will deliver value to you or that we personally use,

love, support and would recommend even without an affiliate link. If you take action (i.e. subscribe to any of our coaching programs, You Tube channel or FB Group) after clicking one of these links, we will receive a mansion and a yacht...

Just kidding, actually we'll earn some coffee money ☕ which we promise to drink while coaching you or creating more helpful

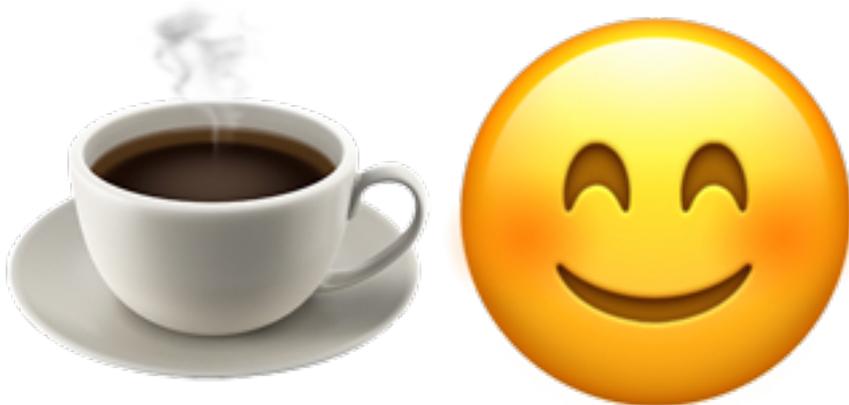
content like you find in our group every day. 😊

We are legally required to disclose affiliate links by the FTC.

We always want to be 100% transparent with everything that we do in our communities, so we want you to know that by joining our group, subscribing to our You Tube Channel or Joining our Membership Site, you agree to all the following:

You understand that all the information is an expression of opinions and not professional advice. We make no guarantee or other promise as to any results that may be obtained from using the information provided.

If you purchase anything through a link in this group, You Tube Channel or Membership Site, you should assume that we have an affiliate relationship with the company providing the product or service that you purchase, and that we may receive a commission in some way associated with any purchases that you make.



Your price will always be the same whether you purchase through our affiliate link or you go directly to the company providing the product or service, the price that you pay does not change.

We recommend that you do your own independent research before purchasing anything. As with all internet communications, please do not rely solely on endorsements contained in any report, email or online site as your sole source of information in evaluating and deciding to make a purchase.

You should always exercise due diligence before purchasing from any site online.

We are affiliates for Pruvit, Zinzino and Amazon

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CONTACT INFORMATION

For questions, comments, complaints or testimonies, feel free to contact Karen Roberts Coaching Ltd at any time via karen@karenrobertscoaching.com

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We will be pleased to hear from you.