

# 6 FIGURES AND BEYOND



How to increase your net profit to 6 figures and beyond for **Health and Wellness** coaches/ practitioners/Personal Trainers.



ACCOUNTABILITY



DAILY TASKS



MINDSET TRAINING

## PHASE 1 – GETTING STARTED



Know your numbers



Additional Sources of Income



Create your roadmap

OUTCOME: clarity on the exact steps to reach goals

## PHASE 2 – GROWTH AND INFLUENCE



Your daily method of operation



Social Media Strategy



Target Audience

OUTCOME: Specific daily actions for growth & engagement

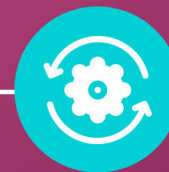
## PHASE 3 – CLOSING AND PROFIT



The discovery call



The close



The follow up process



Net profit

OUTCOME: Turning engagement into profit